

WORKSHOPS

For Organizations, Church Groups, Leadership Teams

Topics Include but are not limited to:

- Growing Resiliency Through Trauma & Loss
- Understanding Communication from Generation to Generation
- Healing the Sorrowful Soul
- Understanding Trauma Through a Biblical Lens
- To Know and Be Known: Communication in Marriage
- Reconcilable Differences: Healing From Betrayal
- Parenting with Positive Discipline Basics
- Understanding Trauma (for Ministry Leaders)
- Healthy Practices for Ministry Marriages

Workshops can be presented via Webinar or In-person. Please Contact Ms. Austin for scheduling availability.



Carrie Austin, MA, MA, LMFT

Certified Brainspotting Therapist

Certified Clinical Trauma Professional

Hawaii License: MFT-775

carrie@truechangecounseling.com

Phone: (512)966-8943